

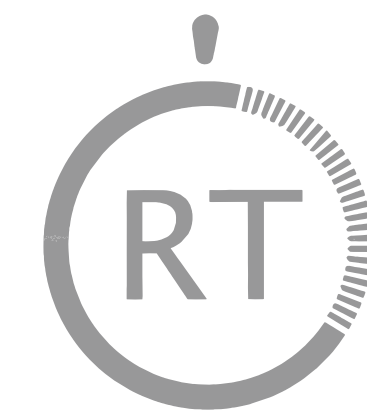
Raqueltraining

WELL-BEING PACKAGES

Mobile SPA

IBIZA



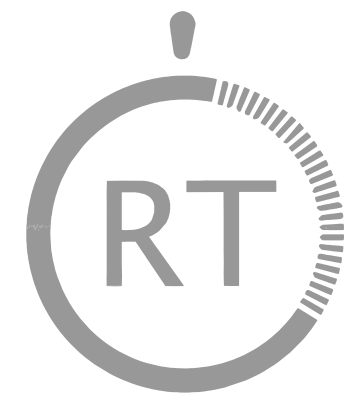


Raqueltraining

Ibiza is the perfect place to revitalise body and mind, and our highly-trained health experts are on hand at any time to help you embrace the sense of calm the island instills, in the comfort of your own surroundings.

Our team provides a full range of rejuvenating bodywork, massage and beauty treatments, including everything from personal training and yoga exercises to medical services and well-being packages.

That is why our team is designing luxury and exclusive wellness experiences and retreats to cover all kinds of health issues: physical, mental and spiritual.



VILLA PACKAGES

PERSONALIZED YOUR OWN PACKAGE

Our range of fitness and health services,
picked especially to suit your needs.
Please contact us for special requests
including bespoke packages
for large groups and longer sessions.

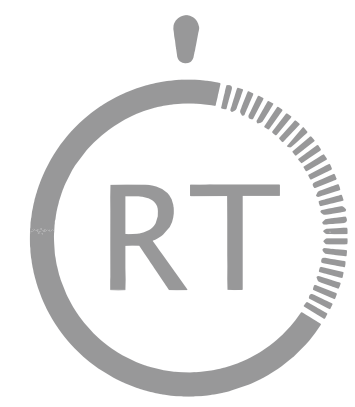
We are specialized in groups:
Family, friends, companies, brands events.

VILLA WELCOME PACKAGE

From 3 hour

Shortened Relax Massage for
yourself and your villa guest.





YOGA PACKAGES

From 3 hours

VILLA HOLISTIC

Yoga

Breathwork

Meditation

Deep Tissue - Relaxation

ANTI STRESS

Yin Yoga

Stretching

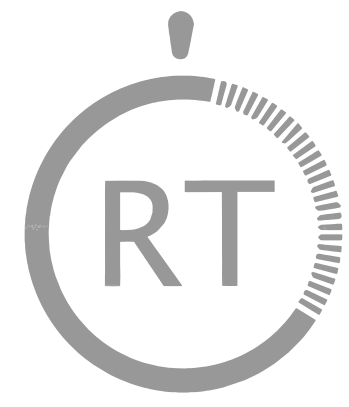
Relaxation

Meditation

Relaxation massage

Deep Tissue





PILATES PACKAGES

From 3 hours

WAKING UP

Streching

Mobility

Pilates

Relaxation

Siatshu and Thait massage



ANTIOXIDANT BREAK

Mobility

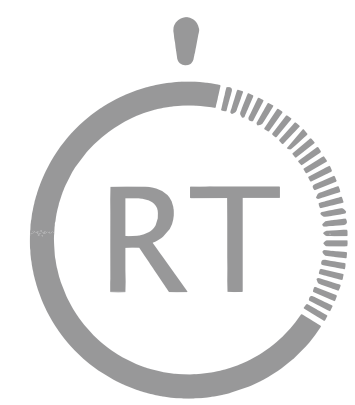
Pilates

Stretching

Detoxification massage

Reflexology





PERSONAL TRAINING PACKAGES

From 3 hours

BOOT CAMP

Hiit & functional training

Streching

Sport massage

Deep tissue

BOXING TRAINING

Hiit and boxing

Stretching

Sport massage

Deep tissue

FUSION TRAINING

Functional training

Pilates

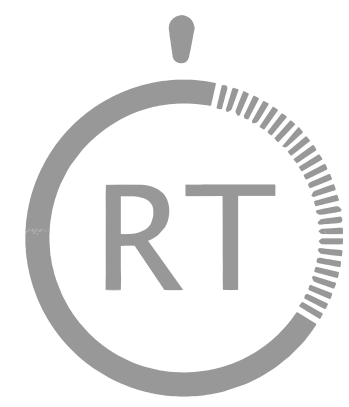
Yoga

Relaxation

Sport massage

Deep tissue





BEAUTY PACKAGES

One of our highly-trained beauty therapists will deliver eight hours of personalised beauty treatments to your door.
An entire day of pampering for those looking to relax or get ready to party.

VILLA DELUXE

Manicure

Pedicure

Massage

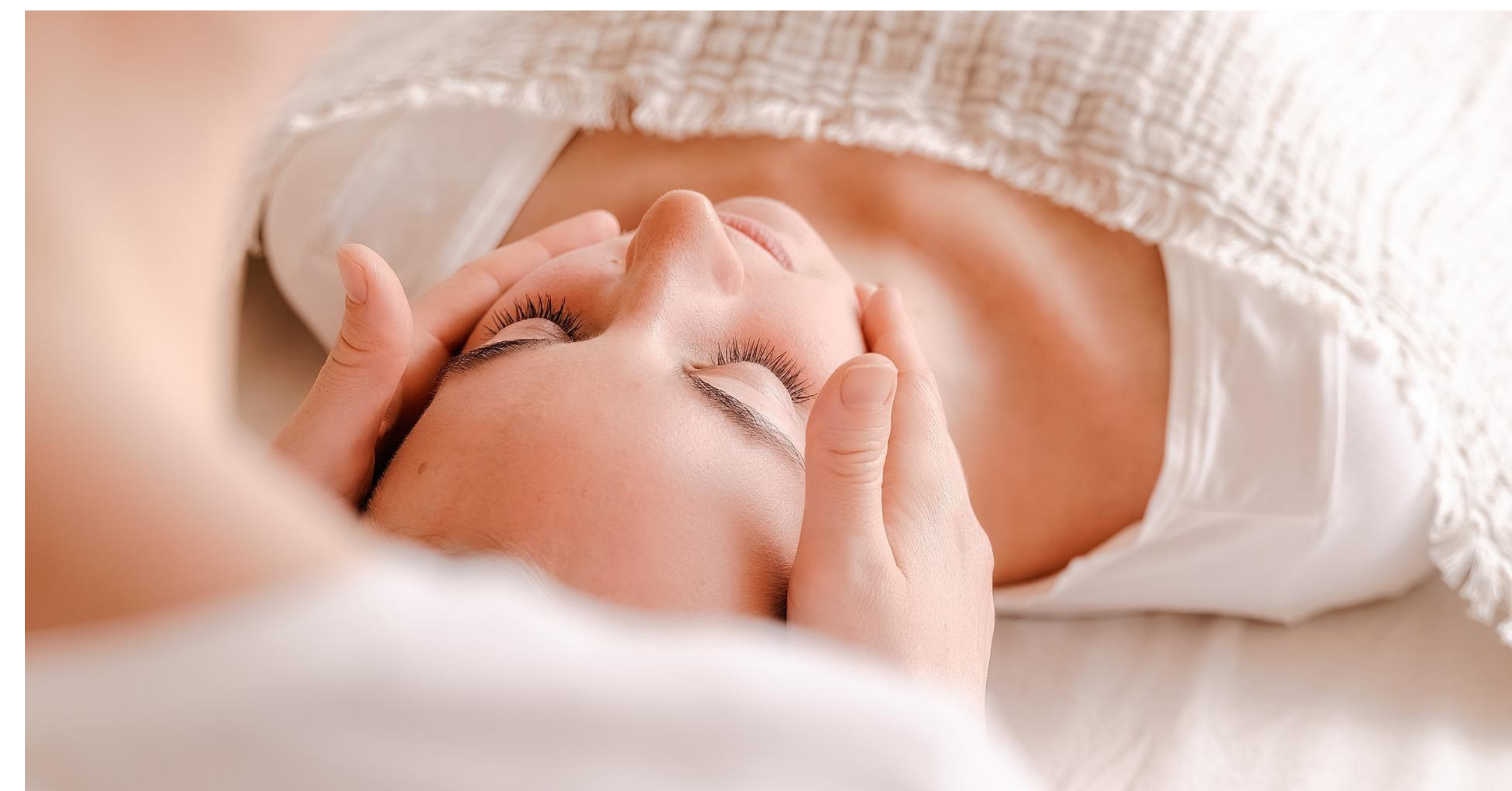
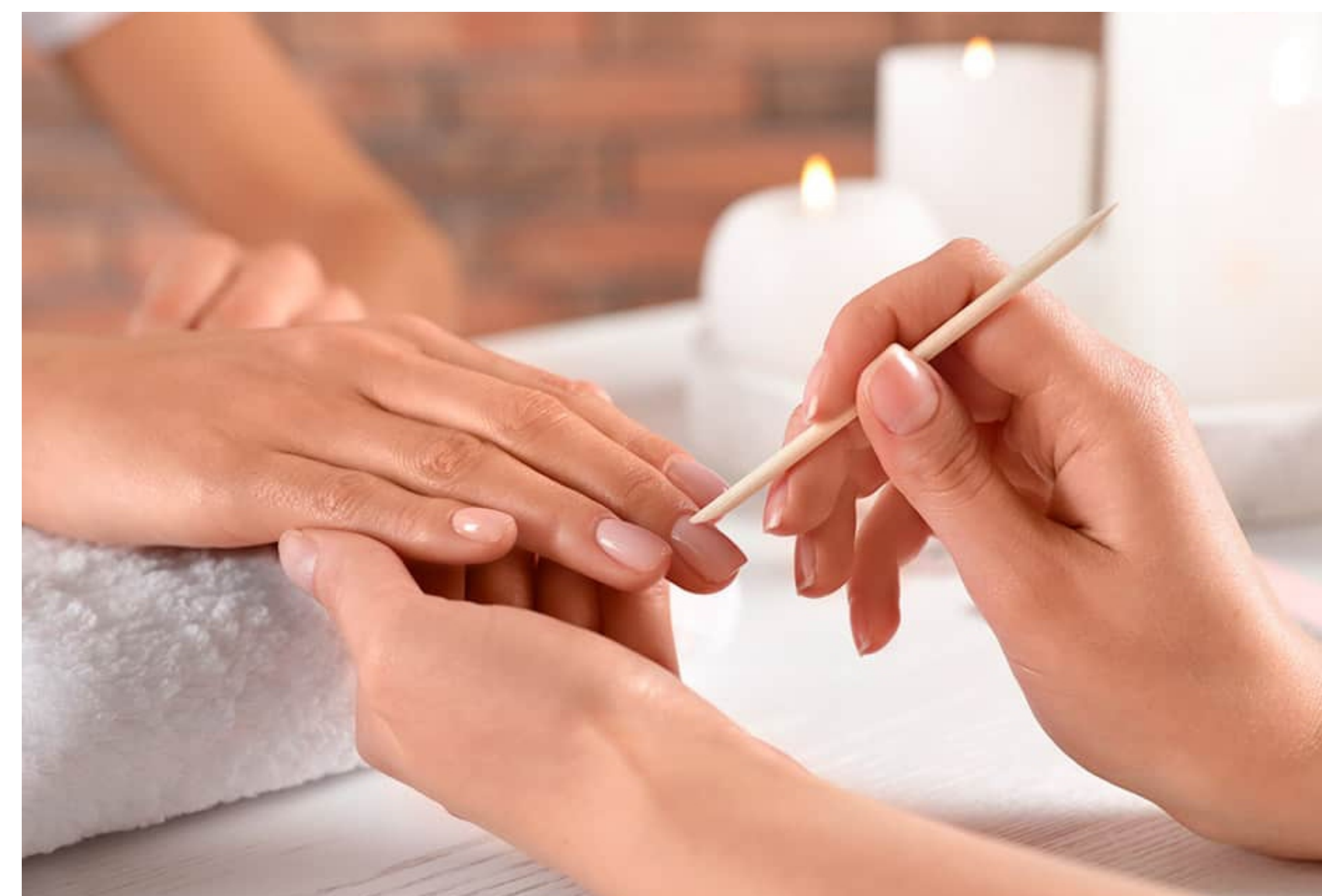
Any of our beauty treatments are available.
Get your friends together and we will create an efficient and fun beauty day with your friends.

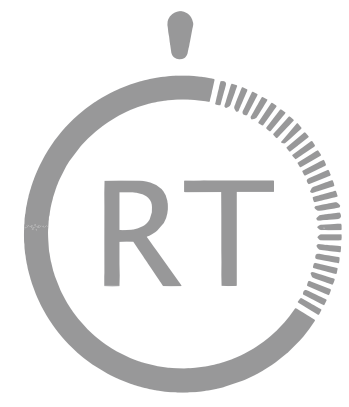
VILLA VIP

Hair dresser

Make up

Facial or body treatment





SPIRITUAL PACKAGES

IDOL - INNER DANCE OF LOVE

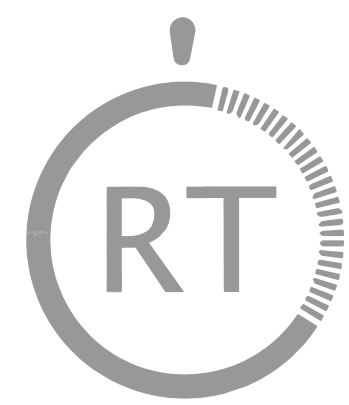
Guided Inner journey into your
emotions through music.

A deep experience to understand what
is blocking you to be all that you are.

REINTEGRATION MASSAGE

A full body massage that will also guide you
to see the emotions and memories you carry
in your body to release and integrate them.





PRIVATE EVENTS

We organizing your private event
by booking:

Chef

Music

Food & Drinks

Performance

Photographer



Dear Client,

To ensure a perfect spa experience and optimum results we recommend you prepare for your treatment session 15 minutes ahead of the appointed time.

Please understand that if you arrive late, we may reduce your treatment time to ensure the next treatment starts on time.

Please make reservations early so that we can provide the treatment of your choice at your preferred times.

Cancellation less than 20 hours prior to the treatment will be charged the full rate quoted.

Please note that if you arrive more than 15 minutes late for a treatment, the session may be cancelled and the full rate charged. As a courtesy to other clients, we kindly request that you come at the appointed time.

Please inform us about any health issues and ailments you may have, such as allergies, accidents, injuries or other issues.

Some locations on Ibiza have an additional travel surcharge of €10 per visit for a single one hour booking. There is no travel surcharge for booking one therapist for more than one hour.

All our prices are subject to additional 21% VAT.

We will be happy to assist you with any questions and bookings.

Thank you for your cooperation!

Raquel Training Team



Raqueltraining



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www.raqueltraining.com

<https://youtu.be/xNapSmWnG8c>